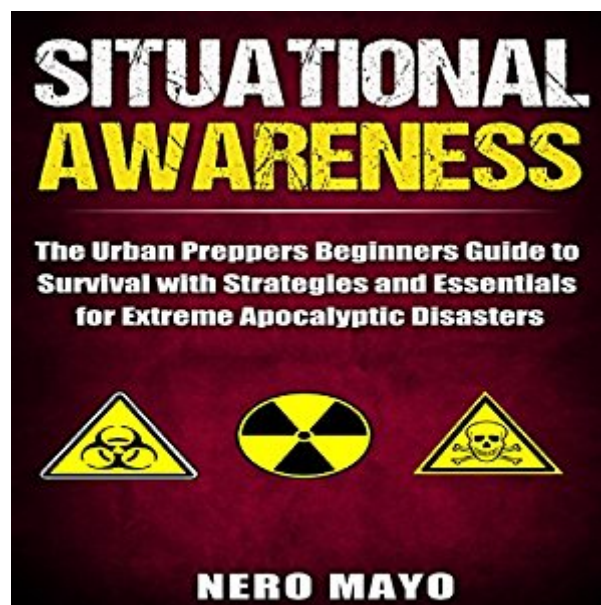




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# Situational Awareness: The Urban Prepper's Beginner's Guide To Survival With Strategies And Essentials For Extreme Apocalyptic Disasters



## Synopsis

Are you familiar with "situational awareness"? This book will cover what you need to know to gain a complete understanding of this concept. In this book, you will learn: Understanding the basics: What is situational awareness? How everyone should be aware and the important of mindfulness Different exercises that can enhance your situational awareness abilities Signs and triggers to be aware of and what to look out for when entering a new place

## Book Information

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Reference > Foreign Language Study & Reference > Instruction

## Customer Reviews

There are many people who may think that even discussing this topic makes one a pessimist, but I like how this book emphasizes what situational awareness really is, and why it's important simply to be aware - aware of your surroundings and the potentially dangerous situations you may find yourself in. When you're aware, you can prepare, and then you become capable of dealing with situations that may pose danger to your life or the life of your loved ones. It's really not about being scared, worrying, pessimistic or paranoid, it's about becoming someone who's capable to survive and protect. I think this quite a useful book on the topic, definitely an interesting read with tons of useful information, especially if you didn't know anything about this concept before.

There are threats everywhere these days. Being mindful of your surroundings is therefore a must for survival. The purpose of this book is to motivate you to take action. Implementing the outlined plans will prepare you for short term disasters and long term economic chaos. This is a practical step-by-step guide for survivalists. It comes with multiple language translations. A must reading for

preppers!

I couldn't make it past the first page. I'm sure there's good information here, but there are too many grammar and spelling errors.

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